KUMIKITANG KABUHAYAN NG MGA LOLO'T LOLA NG TANZA, NAVOTAS CITY p.5

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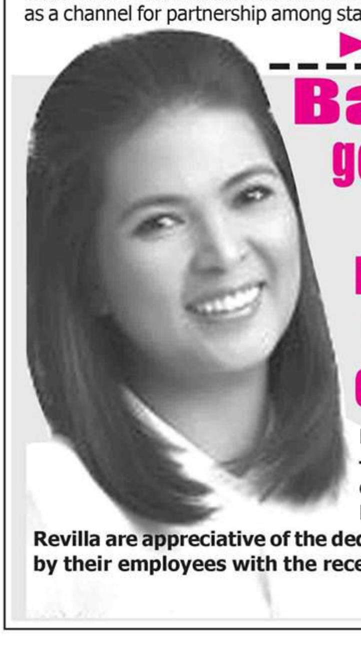
REACHING OUT TO COFFEE GROWERS IN CAVITE

TO further aid coffee farmers in the province clinch its way to success in today's global market, the Philippine Coffee Board, Incorporated (PCBI) recently launched its field office at the Coffee Development Center in Amadeo on January 16, 2019 just in time with the upcoming Pahimis Coffee Festival 2019 celebration.

A ribbon-cutting ceremony to formally open the PCBI Center was led by PCBI Chairman Nicholas Matti, President Pacita Juan along with Board of Directors Teresa Capellan, Glicerio Lumagbas, Alejandro Mojica, Princess Kumalah Sug-Elardo, Rene Tongson and Amadeo Municipal Agricultural Officer Lucinda Amparo. The PCBI center will guide coffee farmers, processors, traders and millers with initiatives to boost the coffee industry and will serve as a channel for partnership among stakeholders.

► REACHING • 2



Bacoor government head recognizes dedicated employees

BACOOR CITY, CAVITE – The city government of Bacoor led by Mayor Lani Mercado-Revilla are appreciative of the dedicated efforts shown by their employees with the recent commendation of

► BACOOR • 2

TULOY ANG LABAN PARA SA BAYAN

ISANG 'Pasasalamat Caravan' ang ginawa nitong January 07, ni dating Senador Ramon 'Bong' Revilla Jr., at inikot ang mga lungsod at munisipalidad sa buong lalawigan ng Cavite.

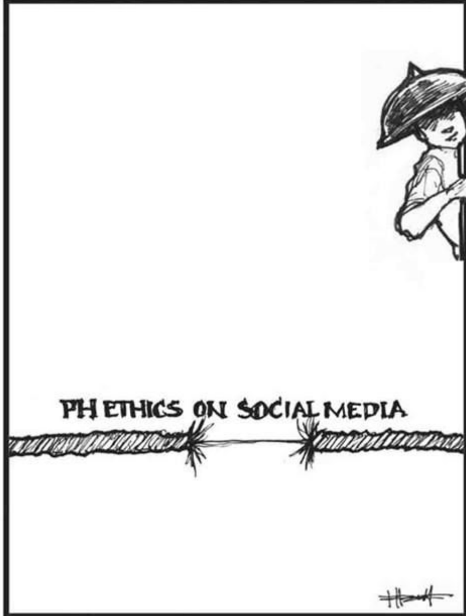
"Una sa lahat, ang pagpupuri at pagpapasalamat ko, kasama ang buo kong pamilya sa ating Amang Diyos dahil hindi Niya ako pinabayaan; at ang pagpapasalamat namin sa inyo, aking mga kababayan dahil sa patuloy na suporta at pagtitiwala sa akin," sabi ni Sen. Bong.

Nagpasalamat din si Vice Gov. Ramon 'Jolo' Revilla 3rd sa lahat ng sumalubong, kumaway, ngumiti, kumamay, yumakap at humalik sa kanilang mag-ama.

"Walang kapantay ang inyong pagmamahal at suporta sa amin!" sabi ni VGov. Jolo.

Tuwang tuwa at naghihiyawan ang mga tao sa tuwa ng makadaupang palad nila ang mag amang Revilla.

Sa larawan, kasama si Bacoor City Councilor King Gutierrez na laging kasama sa lahat ng naging laban ng Senador ng Bayan. ***— (Photos from VGov. Jolo's fb account)***



Editorial

KAMATAYAN SA LOOB NG BILANGGUAN

BATAY sa ating Konstitusyon, pinaniniwalaan muna na walang kasalanan o inosente ang isang akusado, ito ay hanggang mapatunayan nagkasala nga, sa hatol ng hukuman.

Kaya naman, nakalulungkot na ang isang 'inosenteng akusado' na dapat ay binibigyan ng tratong makatao, ay nagkakasakit at minsan ay namamatay sa loob ng piitan.

Kamatayan ang naging 'parusa' sa kanila, kahit hindi pa nadidinig o dinidinig pa lamang ang kanilang kaso.

Ganito nga ang maaaring isipin sa pagkamatay ng tatlo pang detenido sa Bacoor City |Detention Cell, at isa naman sa piitan ng Imus police station.

Namatay sila, ayon sa balita, noong Enero 2, dahil sa sakit.

May pito nang detenido, ayon sa report ng Cavite Provincial Police Office, bago ang nakaraang Pasko 2018.

Hindi na natin babanggitin pa ang mga minalas na masawi sa loob ng piitan bilang pagrespeto sa kanila, at kanilang kapamilya.

Pagtuunan natin ng pansin ay ang kalagayan ng mga piitan sa mga munisipyo at mga lungsod sa ating lalawigan at sa iba pang lugar ng bansa.

Bukod sa napakasikip ang piitan, wala pang maayos na tulugan, bentilasyon at simpleng ginhawa –tulad ng paggamit ng washroom, paliguan at oras sa pag-eehersisyo.

Wag nang banggitin pa na wala o kulang sa rasyon ng pagkain ang ilang piitan, at kung walang dalaw ang isang akusado – na inosente panga dahil wala lang hatol – ay nagkakasakit at namamatay.

Kung may detenido na may nakahahawang sakit, sa sikip at init sa selda, tiyak ang pagkahawa ng kapwa bilanggo.

Malungkot din ay ang kalagayang walang doktor na agad matatawag sa panahon ng emergency.

Kaya nga sa ulat ng CPPO, mula Setyembre 1 hanggang Disyembre 25, 2018, naiulat na 16 na detenido ang namatay sa piitan habang hinihintay ang pagdinig sa kanilang mga kaso.

Sa report din, pinakamarami sa mga bilanggo sa Dasmariñas City Jail ang namatay bunga ng pagkakasakit at iba pang dahilan.

Panahon na pagtuunan ng mga pamahalaang lokal, lalo na ng probinsiya na magtayo ng mga bagong dentention facility na magbibigay ng maayos na kalagayan sa mga akusado, lalo na sa mga babaeng may kaso.

Kawawa ang mga akusado na biktima ng kahirapan o ng bintang ng mga may makapangyarihang kaaway na nakukulong at sa kamalasan ay namamatay sa loob – gayong sila naman pala ay walang kasalanan.

Panahon na nga para pagtuunan ng gobyerno ang mga bilanggo pagkat sila man ay may mga karapatan na dapat na ipagkaloob habang hindi pa sila nahahatulan.

PAUNAWA:

SA susunod na isyu masusundan ang seryeng **" 2018 BIG WINNERS — AYONG AT BONG** ni Lukas Da Silva. He is on a medical vataion. The article will resumed next edition.

Apologies. — **Publisher.**

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REACHING... (FROM PAGE 1)

Following the launch, PCBI also showcased the Coffee Technology Center – a 5-hectare property owned by Ms. Chit Juan where different varieties of coffee are grown and harvested along with other organic vegetables, in Brgy. Maymanga, and the Eco-Farm in Brgy. Banay-banay, both in the municipality of Amadeo. With another establishment in Cavite ready to cater to coffee industry players, transforming the coffee industry in the country as an engine of economic growth is at its right track.

The launching program and pre-celebration of the Pahimis Fest was also attended by the Department of Trade and Industry-IV A, Industry Development Chief Priscila Flores, OIC Regional Director Teresita Gonzaga and DTI-Cavite Provincial Director Noly Guevara, who expressed continued support to the Coffee Roadmap of the province. In Cavite, the agency had already reached out to LGUs, cooperatives, farmers and MSMEs venturing into coffee through projects like Shared Services Facilities (SSFs) and Bottom-up Budgeting (BUB) program which have contributed to increase productivity among its beneficiaries.

For perfectly brewed partnerships, LGU-Amadeo and PCBI gathered coffee farmers of Amadeo and other neighboring towns to a symposium on proper ways of growing, harvesting and producing good quality coffee beans. With harvesting Keynote speakers during the seminar promoted the "Pick Red Campaign" as the harvesting technique that ensures good quality of coffee. It encourages hand picking of red ripe cherries/coffee berries as one of the proper ways to achieve excellent flavor quality.

One of the speakers who seemed to have caught the attention of farmers and made them realize the value of loving their own coffee and applying correct methods in growing coffee is Bea Belardo, manager of Café Belardo, supplier and roaster based in Amadeo. She continues to make a name in the coffee world with hopes of inspiring coffee farmers in their town and motivate the youth to find interest in farming.

Meanwhile, Amadeo Tourism Officer Jam Medina-Tibayan who welcomed guests on behalf of Mayor Conrado Viado, expressed appreciation to PCBI for the support, to the media for the promotions, and to the farmers for the cooperation during the Coffee Farmers Symposium.

Other guests in attendance to the coffee promotion event were Dr. Ruperto Sangalang who represented Cavite Governor Boying Remulla, Amadeo Vice Mayor Junnel Bayot and members of the Sangguniang Bayan, who delivered messages of commitment in providing projects to uphold sustainable growth for the coffee industry. ***(PICAD)***

BACOOR... (FROM PAGE 1)

their outstanding city units and employees during last Monday's flag raising ceremony at the Bacoor Government Center grounds.

Among the awardees cited was the Bacoor Home Owners Association Council, Inc. for claiming the first place in the Urban Nutrition Organic Garden Inter-Department competition while the City Accounting Office won second place and the Human Resource and Development Management Department tied for third place.

Meanwhile, Ms. Arlene Monton and Karl Arciaga won the City Employees Biggest Loser 2018 S2 for leading a fit and healthy lifestyle.

During the program, distribution of financial assistance for the procurement of office equipment and supplies of Barangay Panapaan 2, Zapote 1, Mabolo 2, Talaba 3, Mabolo 1, Maliksi 1, and Talaba 4 was also held. Mayor Lani Revilla acknowledged all awardees and all the employees who pushed for excellence and encouraged them to pursue these endeavors in their mission to serve the public. ***(Ruel Francisco, PIA-Cavite/with reports from Bacoor City Information Office)***

Palasyo sa mga Obispo: 'respeto na lang sa trabaho ng estado'

HINILING ng Malacañang sa mga Obispo ng Simbahang Katolika na huwag ng makialam sa trabaho ng gobyerno.

Kasunod ito ng pag-alma ng ilang mga obispo sa tila paghikayat ni Pangulong Rodrigo Duterte sa mga tambay na nakawan at patayin ang mga ito.

Sinabi ni Presidential spokesperson Salvador Panelo, na ang pahayag ng pangulo ay bilang bahagi ng freedom of expression.

Dapat aniya na irespeto na lamang ng mga obispo ang estado at huwag ng pakialaman.

Magugunitang hinamon ni Novaliches Bishop Emeritus Teodoro Bacani Jr ang pangulo na maglakad sa kalsada ng mga walang mga bodyguards habang tinawag ni Balanga, Bataan Bishop Ruperto Santos na ang administrasyon ng Pangulong Duterte ay isang kahihiyan sa bansa.

Samantalang mas nababahala si Lingayen-Dagupan Archbishop Socrates Villegas sa Pangulo kaysa sa simbahan na binabanatan nito dahil matagal ng matatag ang simbahan kaya ipinagdarasal na nito para matulungan ang ang pangulo ng bansa.

Iba na ang 'matanda'...

FREE PARKING SA SENIORS, PWDs

(CTJ REPORTORIAL TEAM)

MAY DAGDAG na namang benepisyo na kaloob ang pamahalaang lalawigan ng Cavite sa mga senior citizens (SCs)at persons with disabilities (PWDs), ayon sa ordinansang iniakda ni Dasmariñas Provincial Board Member Valeriano S. Encabo.

Ipinatutupad na sa buong probinsiya ang Provincial Ordinance No. 235 (Free Parking Ordinance for Senior Citi\ens and Persons with Disabilities (PWDs) na nag-uutos sa mga may-ari ng mall at mga may-ari ng private parking facility na ilibre sa pagbabayad ang mga SCs at PWDs.

Upang makalibre sa parking fees, dapat na ipakita ng isang SCs o PWDs ang kanilang identification (ID) card kung sila ay drayber o pasahero ng pribadong sasakyan bago pumasok sa parking area.

Hindi exempted sa pagbabayad ng parking fee ang public utility vehicles (PUVs) tulad ng jeepney, taxi, tricycle, bus o katulad na sasakyan.

Pribadong sasakyan lamang ang maaaring bigyan ng free parking, ayon sa ordinansa.

Gayunman, bawal sa malilibreng pribadong sasakyan ang overnight parking.

Ayon kay Provincial Board Secretary Ms. Michelle Alcid, epektibo at ipinatutupad na ang Ordinansa na pinagtibay ng Sanggunian sa pamamatnubay ni Vice Gov, Jolo Revilla at matapos itong pirmahan ni Gov. Boying Remulla noong Disyembre 11, 2018.

Php500 ang multa sa kahera o nangangasiwa sa parking area at Php 2000 sa operator, manager o sa may-ari ng parking area sa lalabag sa Ordinansa.

AWARDING OF 4TH QUARTER TOP 5-S IMPLEMENTERS:

TOP offices of the Provincial Government of Cavite with the highest ratings for the 4th Quarter of 2018 Workplace Inspection received Certificates of Recognition during the Monday Flag Raising Ceremony on January 14, 2019 at the Provincial Gymnasium in Trece Martires City. Governor Boying Remulla who led the simple rites, congratulated the awardees including the Provincial Housing Development and Management Office, Provincial Youth and Sports Development Office, Provincial Planning and Development Office, Office of the Provincial Governor and the Sangguninang Panlalawigan for consistently ensuring implementation of 5S programs in the workplace. The awarding was also witnessed by guests former DILG Secretary Rafael Alunan together with Gen. Arturo Lomibao, Gen. Edilberto Adan, Mr. Rafa Alunan and Mr. Gabo Ignacio of One Philippines, thanking the governor for the warm welcome while delivering his message with focus on national unity to protect the people and rebuild the nation. ***(PICAD)***

YES, SA IMUS "IKAW" NGA ANG BIDA!

PITX, perwisyo kayo sa commuters

UNA sa lahat, atin pong pasalamatan ang ating Poong Diyos sa araw-araw na pagmamahal at biyaya na ating natatanggap.

Amen.

Sa mga tulad kong business owner, alam natin, tuwing Enero, obligasyon natin na magbayad ng ating buwis at magharap ng aplikasyon sa renewal ng ating business license at mayor's permit.

Sa mga may real property, bayaran na rin ng amilyar at iba pang taxes.

Nakaraang taon ay may tao akong inutusan para mag renew ng aking business or mayors permit, at sabi niya medyo mabilis naman ang naging proseso ng mga dokumento.

Kaya, ngayong taon, ako mismo ang nag-renew ng aking business Permit sa city hall ng Imus.

Napansin ko, hindi gaanong maraming tao, at may mga pila na rin pero, mabilis ang proseso ng renewal at pagbabayad.

Sa mga New Applicant. Inaabot lamang ng siyam (9) na minuto sa verification, evaluation & assessment; at ang Payment of Business taxes, fee & charges ay dalawa (2) o tatlong (3)_ minuto at, ang huling proseso ay gayunding kabilis na minuto natatapos.

Kung application for Renewal of Business or Mayor's Permit, may information sa mga dapat na gawin, tulad ng Step 1 for verification, Evaluation & Assessment, at ito natatapos ng mahigit na anim (6) na minuto, kung kumpleto ang mga dokumento tulad ng Barangay Clearance, Business Endorsement at ang kopya ng pinagbayaran sa pagkuha ng Business or Mayors Permit ng nakaraang taon, 2018.

Kasunod ay Step 2 — payment of business taxes, fees & charges na inaabot ng 2 hanggang 3 minuto; at sa Step 3 — Releasing of Permit, cedula, Business Plate/ Sticker & Business Permit Assessment form with O.R. ay mahigit ding 2 minuto.

Wow, ang bilis, di po ba?

At magagalang ang mga tao ng Cityhall na nag-a-assist sa mga kumukuha ng Business or Mayor's Permit.

Kaya, talagang, wow!, tuwang-tuwa ang bilis ng proseso at nakuha ko agad ang aking business at Mayor's Permit ng Cavite Times Journal.

Ang aming maraming pasasalamat, Mayor Emmnauel L. Maliksi at sa inyong maliliksi at magagalang na mga tauhan lungsod ng Imus.

At, marami ring salamat sa aming maasahan at masipag na Barangay Bucandala 5 Chairman Rodolfo "Dolfo" S. Montalan dahil sa pagpapatupad ng peace and order at kalinisan sa aming lugar at nabawasan ang mga tambay sa dis oras ng gabi dahil sa curfew na pinatutupad.

Palagian ang pag-iikot ng mga barangay tanod sa Subdivision ng Sunny Dale The Garden Village, at nabanggit rin ni Kap Dolfo na magkakaroon ng seminar bago matapos ang buwang ito upang maturuan na maging alerto at handa kami sa panahon ng kalamidad, tulad ng sa bagyo, lindol o sakuna.

Sa covered court ng Sunny Dale The Garden Village, Bucandala 5 gaganapin ang seminar, kaya sa aming kabarangay, dumalo po tayo.

Kay Kap Dolfo, kami ay "Yes na yes" sa inyong mahusay na trabaho.

@@@

Ano ba itong Parañaque Integrated Terminal Exchange (PITX) na 'yan sa Parañaque City, at naku, pahirap talaga sa commuters.

Perwisyo talaga ang naranasan ko nang minsan, dun ako bumaba pauwi ng Cavite.

Dahil sa rush hour, eh wala na akong masakyan na noon ay nasa Guadalupe ako, nang makakita ako ng bus na may sign board na PITX na agad kong pinara at sumakay.

Sa PITX, napakahaba ng pila sa pagbili ng tiket ng bus na biyaheng Cavite at ang sabi sa amin, "Sold out" na.

At hindi masabi sa amin kung may darating na bus, na noon ay pasado alas 8 na ng gabi.

Ang daming nagagalit, lalo na ang matatanda at may mga ginang na may kasama pang maliliit na bata.

Sa inis ko, sinabi ko sa dispatcher na hindi na dapat nagpapapila kung wala naman siguradong bus na masasakyan pauwi ng Cavite.

Isang guard na malapit doon ang tinanong ko kung papano ako makakalabas sa PITX, kung may ibang pwedeng masakyan.

Itinuro ng guard ang kinaroroonan ng mga baby bus sa dulo papuntang Ternate, yun ay pinuntahan ko.

Ay, salamat sa Diyos, may isa pang upuan para sa akin at bago tumakbo ang baby bus, parang lata ng sardinas sa siksikan at nakatayong mga pasahero.

Sana pag ganu'ng rush hour, eh may bus pa-Cavite na naka standby at hindi yung 'sold out' na yung tiket?

Maganda nga PITX, may aircon pero kulang sa bus at siksikan pa kung mayroong masasakyan.

Kung nagmamadali ka, aabutin ka doon ng siyam-siyam sa nakangangang paghihintay ng masasakyan.

Parañaque Integrated Terminal Exchange, ay naku, pahirap sa mga commuters.

PRESIDENT DUTERTE HONORS POLITICAL ADVISERS BIRTHDAY CELEBRATION

TAGAYTAY CITY - One of Presidential Political Advisers, Atty. Francis N. Tolentino celebrated his birthday last January 3, 2019 at the Tagaytay International Convention Center (TICC). The event was attended by dignified persons from politics and even showbiz personalities. Some of the top attendees were Sec. Harry Roque, SAP Bong Go and Sec. Silverio Bello III, Region IV - A CALABARZON Governors and Board Members, Mayors and City and Municipal Councilors, Barangay Officials, Media organizations and much more. While, The President of the Republic of the Philippines, President Rodrigo Roa Duterte, became a guest of honor of the said event.

Photo from left President Rodrigo Roa Duterte accompanied by Atty. Francis N. Tolentino upon the arrival of the President in his birthday celebration, while in the right Atty. Francis N. Tolentino together with his dignified guests. Photo taken last January 3, 2019 during the birthday celebration of Atty. Francis N. Tolentino — ***Photo Source Ma. Franchesca A. Orlain***

For the welcome address it was given by Tagaytay City Mayor Agnes Tolentino, and the mayor said in her statement. "It is my pleasure and honor to take part of this activities of this" SULONG KATAGALUGAN "and particularly the birthday celebration of Senator Atty. Francis N. Tolentino, in behalf of the city government of Tagaytay, we all welcome you to our beautiful and peaceful city. "

While the birthday celebrant Atty. Francis N. Tolentino in his message, "To those who attend my birthday celebratoin thank you very much for your presence, the celebration of a person's birthday, besides of giving thanks he is also praying earnestly where he has a birthday wish. Like me I thought, I 'll keep my birthday wished secretly, but for my great region of Region 4A I have birthday wishes which I desire to fulfill. "

In addition, Atty. Francis N. Tolentino expressed his heart to everybody and to President Rodrigo Duterte what his wishes on his birthday, according to Atty. Tolentino, "Dear President of the Republic of the Philippines as part of my birthday wishes, Hopefully the LRT extension will continue from Manila to Bacoor. Another is continuity of Dam in the provinces of Quezon and Rizal that will provide water supply all over the Metro Manila. Followed the Tutuban to Los Baños railways of PNR that our countrymen need in the province of Laguna" and many more wishes.

While the guest of honor President Rodrigo Roa Duterte said, "Do not ignore the problems that are happening in our country like corruption, various crimes, and the continuing drug problem that needs to be solved where every Filipino must unite and cooperate for the betterment of our country.

(Reyland G. Lopez)

Supply of antiretroviral drugs for HIV adequate: DOH

By Ma. Teresa Montemayor

MANILA — The Department of Health (DOH) has assured there is enough treatment for Filipinos with Human Immunodeficiency Virus (HIV) amid rumors of anti-retroviral (ARV) drug shortage nationwide.

In a statement released on Friday, the DOH said it seriously takes the HIV issue that is why the department makes sure appropriate testing and treatment are available and accessible to those who are diagnosed with HIV.

"As of October 2018, we have enrolled 32, 224 persons living with HIV (PLHIVs) for treatment with ARV drugs such as Nevirapine, Lamivudine or Tenofovir," the DOH said, adding that it has been providing free ARV drugs to PLHIV through the HIV treatment hubs.

The DOH said there are 3,200 PLHIVs who are on Nevirapine and 1,791 PLHIV on Lamivudine or Tenofovir as of December 2018.

To meet the need for Nevirapine for February to April 2019, the DOH said their data confirms there is enough supply of the drug has been delivered on January 4.

A month's supply for Lamivudine or Tenofovir has also been delivered to Regions I (Ilocos Region), VI (Western Visayas) and XI (Davao Region).

"The rest of the regions will expect deliveries within the week. We are working very closely with our suppliers to ensure that there are no gaps in our supply chain," the DOH said.

The DOH is still waiting for the delivery of 12,375 bottles of Nevirapine, equivalent to three months' supply; and 7,024 bottles of Lamivudine or Tenofovir, which are enough for two months' use. ***(PNA)***

IGNITING THE FIRE OF SENSITIVITY FOR THE CITIZENS OF IMUS

ON behalf of Governor Boying Remulla, the medical mission team composed of the employees and medical practitioners from the OPG-Extension and the Provincial Health Office ignited the fire of sensitivity as they took part in conducting the free healthcare services to the locals of the City of Imus held at Pasong Buaya II which benefited 532 residents on January 9, 2019. As they checked the health conditions of the children and other residents in the area, they also distributed prescribed medicines and vitamins which can boost in supplementing their healthcare needs. Dental services were also rendered by dentists from General Emilio Aguinaldo Memorial Hospital (GEAMH) and the City Health Office of Imus to almost 64 residents. 3rd District Board Member Larry Nato was also present during the mission, together with some local officials who took time to roam around the vicinity to assist and ensure the smooth facilitation of the mission. **—(PICAD)**

First Ugnayan sa Barangay for 2019 helped Dasma constituents

DASMARIÑAS CITY, CAVITE – The Provincial Government of Cavite continues to deliver their services to their constituents thru the Ugnayan sa Barangay with the first activity for the year held at the Golden City Dasmariñas 4 Subdivision Covered Court, Barangay Salawag, City of Dasmariñas.

The Ugnayan sa Barangay, is a program initiated by the PGC that aims to communicate and interact with Caviteños in the barangay level to know their immediate concerns and be able to address them.

Governor Boying Remulla and the PGC team were represented by Governor Jonvic Remulla and Vice Governor Jolo Revilla together with Senator Bong Revilla who actively participated in the activity.

Other local government officials who joined the activity were Board Member Valeriano Encabo, Vice-Mayor Rex Mangubat, Sanggunian Kabataan Federation President Jerome Gonzales, Barangay Captain Vicvic Topacio, Barangay Councilors Eloi Hugo, Bugoy Noora and Nicole Austria in support of the administration's mission to help and serve the constituents especially the needy and indigent poor. ***(Ruel Francisco, PIA-Cavite/with reports from PICAD)***

Yes, There's Life After Retirement:

Kumikitang Kabuhayan ng mga Lolo't Lola ng Tanza, Navotas City

By Earl Matthew SD. Sabile

Si Gng. Violy Reyes (gitna), kasama ang ilang mananahi ng OSCA

TUWING sasapit ang panahon ng Kapaskuhan, sagana ang iba't ibang negosyo, maliit man o malaki. *Peak Season* ika nga kung ituring ang panahong ito, lalo na at naghahanap ang mga tao ng magaganda at kakaibang mga bagay para ipangregalo.

Kabilang sa mga makabuluhang produktong pwedeng-pwedeng ipangregalo ngayong Pasko o maging sa ibang okasyon ay ang mga likha ng senior citizens ng Tanza, Navotas City. Kaya't malaki ang pasasalamat ng mga senior citizens ng Barangay Tanza Office of Senior Citizens Affairs (OSCA) sa ibinibigay na tulong sa kanila ng Department of Science and Technology-National Capital Region (DOST-NCR).

Pagpasok pa lamang sa kanilang opisina, bubungad na ang iba't ibang tela at ang ilang makinang panahi. Abalang-abala ang mga tao sa paggawa at pagtatapos ng mga order para sa Kapaskuhan. Ayon sa mga masisipag na lolo't lola, hindi na nila kailangan pang pumunta kung saan-saan para ilako ang kanilang produkto, dahil sila na mismo ang pinupuntahan ng mga parokyano sa kanilang opisina upang mamili. Biro nila, sa ganda ng takbo ng kanilang negosyo, at sa bilis ng pag-asenso ng pananahi ng mga senior citizens ng Tanza, ay mukhang kakailanganin na raw nilang mas palakihin pa ang kanilang opisina.

Sa kasalukuyan ay 20 mananahi ang direktang nakikinabang sa proyektong ito. Karamihan sa kanila ay nagtatrabaho sa sarili nilang mga tahanan at sa sarili nilang bakanteng oras. Kabilang sa mga produktong tinatahi nila ang mga punda ng unan, kobre-kama, kurtina at maging mga T-shirt. Naglalaro ang kanilang presyo mula sa 30 pesos para sa punda ng unan, hanggang 450 pesos para sa magandang klase ng kobre-kama. Ang kinikita mula sa bawat produkto ay hinahati sa tatlong bahagi: humigit-kumulang 70 porsiyento ang ibinabalik bilang puhunan, 25 porsiyento ang napupunta sa mananahi, at ang natitirang 5 porsiyento ay napupunta sa OSCA para sa mga gastos sa operasyon ng opisina.

Ayon kay Gng. Violy Reyes, presidente ng Barangay Tanza Senior Citizens Chapter, *"Napakalaking bagay ang naitulong sa amin ng DOST. Hanggang ngayon, mayroon pa rin silang itinutulong sa amin. Una, binigyan kami ng makina; ngayon pati materyales binigyan na rin kami. Hanggang ngayon kumikita kami. Nakakatulong ito nang malaki sa mga mananahi at sa mga kapwa ko senior."*

Taong 2016 nang ipagkaloob ng DOST-NCR sa Barangay Tanza Senior Citizens Chapter ang ilang makinang panahi: tatlong single needle high-speed sewing machines, at tig-iisang edging machine, computerized embroidery machine, at cutting machine. Ang mga nasabing makina ay patuloy pa ring nagbibigay-tulong-pinansiyal sa mga senior citizens ng Tanza kahit pa nga sila ay mga retirado na.

Nito lamang buwan ng Disyembre ay muling binigyan ng tulong ang mga senior citizens ng Tanza sa pamamagitan ng mga karagdagang tela at materyales na magagamit nila sa kanilang mga likhang produkto. Ang lahat ng mga ito ay bahagi ng programa ng DOST na Community Empowerment thru Science and Technology o CEST na naglalayong makapagbigay ng kabuhayan at makatulong sa pagbawas ng kahirapan sa mga komunidad sa pamamagitan ng siyensiya at teknolohiya.

Dagdag pa ni Gng. Reyes, *"Ginugol ko ang buhay ko para rito (sa organisasyong ito). Wala na akong iniisip kundi diyan na lang sa mga senior. Pero umuuwi ako nang masaya… nagtatrabaho kami habang nagtatawanan lang, naglilibang, pero pagkatapos, aba!, mayroon na kaming pera. Para sa akin, hindi dapat yung umaasa lang ang mga matatanda sa bahay. Ang dapat ay iniisip natin kung ano pa ba ang magagawa natin habang malakas pa tayo. Mag-o-otsenta na ako sa March, pero natutuwa ako at pinapayagan pa rin ako ng mga bata kasi nakikita nilang nag-e-enjoy ako. Pakiramdam ko ay may silbi pa ako; at kahit may edad na, tuloy pa rin ang buhay."*

Tunay ngang tuloy at higit pang makabuluhan ang buhay para sa mga lolo at lola na kasapi sa Barangay Tanza Senior Citizens Chapter ng Navotas City. Nguni't ang CEST ay isa lamang sa mga programa ng DOST para sa iba't ibang sektor ng lipunan. Bawa't isang sektor ay may naghihintay na mas magandang bukas sa tulong ng teknolohiya at inobasyon, lalo pa nga't nagbukas na ng sangay* ang DOST-NCR sa iba't ibang bahagi ng Metro Manila.

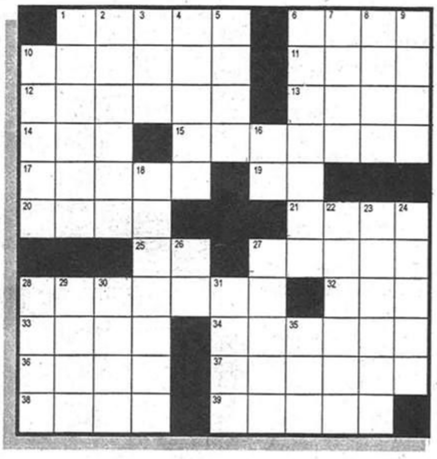
(Ang DOST-NCR CAMANAVA Cluster Office ay pinangungunahan ni G. Warren Gomez at matatagpuan sa City of Malabon Polytechnic Institute Campus, Gov. Pascual Ave., cor. A. Reyes St., Barangay Baritan, Malabon City. Maaari rin silang tawagan sa numerong (02) 571-0403).

FORMING A TOUGHER COMMUNITY THRU UGNAYAN SA BARANGAY

GENEROUSLY providing the basic necessities of his constituents, on behalf of Governor Boying Remulla, his brother, Governor Jonvic Remulla with Vice Governor Jolo Revilla, enthusiastically visited the locals of Barangay Pinagbuklod in the City of Imus as part of the Ugnayan sa Barangay Program of the provincial government on January 7, 2019. They have checked the situation in the locality and mingled with the people to know what the government can offer to ease their way of life. Hundreds of citizens have graciously appreciated the presence of the government officials who showed compassion and sympathy for the indigent members of the society who need distinct attention as they run through the burden of their everyday living. Also in attendance were the members of the barangay council.

—(PICAD)

TALAISIPAN - 19



PAHALANG
1 Preso
6 Pagputol ng punong saging
10 Pamosong canal
11 Tuwid
12 Tuklasin
13 Gitaw
14 Ms. Ledesma
15 Garapa
17 Iluto sa kaunting mantika
19 Alien ni Spielberg
20 Langis
21 Lugar sa Pandacan
25 ___ Liga Filipina
27 Malaking ibon
28 Tapis
32 Libo
33 Malaking kagat
34 Soltera
36 Lungsod sa Batangas
37 Galawgaw
38 Gawa ng bagong gising
39 Mandin

PABABA
1 Maitim na tao
2 Nanay ng sisiw
3 Palaman sa tinapay
4 Kaibigang babae
5 Apetito
6 Ituktok
7 Bagot
8 Graba
9 Hindi kanila
10 Bayan sa Laguna
16 Notang musikal
18 Inuming may luya
22 Patay-gutom
23 Lungsod sa Mindanao
24 Silid-tanggapan
26 Tipo ng dugo
27 Gunita
28 Kinang
29 Pag-aari ko
30 Katay
31 Lalaki sa paraiso
35 Mayor ng Maynila

Tinatayang mayroong 500 milyong pusa sa buong mundo. Kaya mayroong ratio na 1 pusa sa bawat 12 tao.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
& EX-OFFICIO SHERIFF
IMUS, CAVITE

EAST WEST BANKING CORPORATION
Mortgagee,

EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135 AS AMENDED BY ACT 4118

F.C. No. 16582-18

-versus-
REGINA S. FLORMATA for herself and as Atty.-in-Fact of her husband MARC ALISTAIR L. FLORMATA,
Mortgagors,
x--x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **EAST WEST BANKING CORPORATION**, Mortgagee, with principal place of business at East West Corporate Center, The Beaufort, 5th Ave. Cor. 23rd St., Bonifacio Global City, Taguig City against **REGINA S. FLORMATA for herself and as Atty-in-Fact of her husband MARC ALISTAIR L. FLORMATA,** mortgagors with residence and postal address at Block 54 Lot 13 Bahayang Pag-Asa Subdivision, Barangay Tanzang Luma, Imus, Cavite or Lot 4 Block 11 along Road Lot 7 Villa de Primarosa Subdivision, Barangay Buhay na Tubig, Imus, Cavite or 11 Apostol Street, Phase 4, Barangay Pinagbuklod, Bahayang Pag-Asa, Imus, Cavite or Block 11 Lot 4 Phase 2 Daisy Street, Villa de Primarosa, Barangay Buhay na Tubig, Imus, Cavite or Block 11 Lot 4 Villa de Primarosa Subd., Brgy. Buhay na Tubig, Imus, Cavite to satisfy the mortgage indebtedness which as of September 15, 2018 amounts to **FIVE HUNDRED FIFTY-SIX THOUSAND FOUR HUNDRED SIXTY-FOUR PESOS & 89/100 (Php 556,464.89),** Philippine Currency including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on **FEBRUARY 12, 2019 at 10:00** o'clock in the morning or soon thereafter at the main Entrance of the Office of the Clerk of Court, RTC Multiple Sala, Aguinaldo Highway, Imus, Cavite to the highest bidder, for **CASH** and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. T-1226583

"A parcel of land (Lot 13, Blk. 54, of the cons-subd. plan, (LRC) Pcs-17115, being a portion of the cons. of Lots 5484-A, 5484-F, 5484-H & 5484-G, Psd-73147, 5502, Fls-766-F, Fls-1232-D, 5503, 5504, 5505, 5506, 5520, 5527, 5528, 5562 & 6286, Imus Estate and Lot 6284-A, (LRC) Psd-141414 (LRC) Rec. No. 8843), situated in the Mun. of Imus, Prov. of Cavite, Is. of Luzon. Bounded on the NE., pts. 2 to 3 by Road Lot 51; on the SE., pts 3-4 by Lot 15, Blk. 54; on the SW., pts.4-1 by Lot 14, Blk. 54, and on the NW., pts. 1-2 by Lot 11, Blk. 54, all of the subd. plan x x x containing an area of **ONE HUNDRED EIGHTY (180) SQUARE METERS" xxx**

TRANSFER CERTIFICATE OF TITLE No. T-1092364

"A parcel of land (Lot 4, Blk. 11 of the cons/subd. plan Pcs-04-009300, being a portion of the cons. of Lots 5457-A & 5457-B, Fls-1995-D, & Lot 6271, Imus Estate, LRC. Rec. No.), situated in the Brgy. Buhay na Tubig, Mun. of Imus, Prov. of Cavite, Island of Luzon. Bounded on the NE., along line 1-2 by Lot 3; on the SE., along line 2-3 by Lot 6 both Blk. 11; on the SW., along line 3-4 by Road Lot 7; and on the NW., along line 4-1 by Lot 2 Blk. 11 all of the cons./subd. plan x x x containing an area of **FORTY EIGHT (48) SQUARE METERS**" xxx

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **FEBRUARY 19, 2019** at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said properties and encumbrance therein if any there be.

Imus, Cavite, Philippines, December 12, 2018

(Sgd). EMMANUELLE H. FRANCISCO
Sheriff IV

APPROVED: **ATTY. REGALADO E. EUSEBIO**
Clerk of Court VI & Ex-Officio Sheriff

COPY FURNISHED:
EAST WEST BANKING CORPORATION
The Beaufort, 5th Ave. Cor. 23rd St., Bonifacio Global City, Taguig City

REGINA S. FLORMATA & MARC ALISTAIR L. FLORMATA
Block 54 Lot 13 Bahayang Pag-Asa Subdivision,
Barangay Tanzang Luma, Imus, Cavite or Lot 4 Block 11 along Road Lot 7 Villa de Primarosa Subdivision, Barangay Buhay na Tubig, Imus, Cavite or
11 Apostol Street, Phase 4, Barangay Pinagbuklod, Bahayang Pag-Asa, Imus, Cavite or Block 11 Lot 4 Phase 2 Daisy Street, Villa de Primarosa, Barangay Buhay na Tubig, Imus, Cavite or Block 11 Lot 4 Villa de Primarosa Subd., Brgy. Buhay na Tubig, Imus, Cavite

Publication: Cavite Time Journal
Dates: January 15, 22, 29 & 2019

EXTRA JUDICIAL SETTLEMENT OF ESTATE OF PAULINO AMBATA WITH WAIVER OF MOTOR VEHICLE

NOTICE is hereby given that the estate of the late **PAULINO AMBATA** , who died on September 13, 2006; that the decedent left two (2) motor vehicles, which are particularly described as follows, as shown by Certificate of Registration N0. 28457493 dated March 22, 1995 and Certificate of Registration N0. 51700860 dated April 16, 1999;

MV File N0	:	0412-65562
Make/Series	:	Isuzu
Body Type	:	Jitney
Model	:	1996
Chassis N0.	:	EVER94 31681C
Motor N0.	:	131001
Plate N0.	:	DWH588

MV File N0.	:	0412-102066
Make/Series	:	Izusu
Body Type	:	Jitney
Model	:	1999
Chassis N0.	:	SPMM 107196 99C
Motor N0.	:	4BC1 147838
Plate N0.	:	DWH576

That the parties hereto are the legal heirs of the decedent, being his wife (Crisanta Ambata), children (Honorio B. Ambata, Nelia E. Ambata, Rufina A. Belardo, Ambrocio B. Ambata, Marilou A. Amoroso, Josefina A. Basila, Victoriano B. Ambata and Celestino B. Ambata), and grandchildren (Darwin E. Ambata, Sherilyn A. Paduit and Sherwin E. Ambata).

That there are no known debts or obligations due against the estate of the decedent; It is to the best interest of the parties to equally divide, partition and adjudicate among themselves the said properties, That we, hereby waived our rights to the said properties in favor of **AMBROCIO B. AMBATA and CELESTINO B. AMBATA.** It has been the Subject of Extra Judicial Settlement of Estate of **PAULINO AMBATA** with Waiver of Motor Vehicle, before Notary Public Atty. Grace M. Gol-lod-Marayag under Doc. N0. 355, Page N0. 72, Book N0. XL Series of 2018.

Publication: Cavite Times Journal
Dates: January 15, 22, 29 & 2019

SAGOT SA NAKARAANG LINGGO

M	E	D	I	K	A	S	Y	O	N	■
A	■	■	S	A	L	A	A	N	■	R
H	■	M	A	R	Y	■	O	S	L	O
A	M	A	■	G	A	S	■	A	A	B
L	A	M	P	A	S	A	N	■	B	A
■	S	A	I	D	■	Y	U	T	A	■
A	D	■	K	O	L	O	R	A	D	O
T	A	N	■	R	A	N	■	S	A	L
I	N	I	P	■	H	A	S	A	■	S
P	■	K	A	B	A	R	O	■	■	E
■	D	E	K	O	R	A	S	Y	O	N

DOH: Walang meningo outbreak sa Quezon City

MISMONG Department of Health (DOH) na ang kumumpirma na walang meningococcemia outbreak sa Quezon City, kasunod ng balita na kumakalat sa social media.

Aminado ang DOH na iniimbestigahan nila ang pagkamatay ng isang 2-taong gulang na bata sa Valenzuela matapos matukoy na nakaranas ito ng mga parehong sintomas ng sakit.

Pero nilinaw ng kagawaran na walang kaso ng meningo ngayon sa buong bansa.

Batay sa ulat, dead on arrival na ng ideklara sa Valuenzela City Emergency Hospital ang nasabing bata.

"There is no reported meningococcemia outbreak in the country."

Sa ngayon nakakolekta na raw ng specimen ang DOH at inaantay na lang ang resulta ng laboratory examination.

"Our team has collected laboratory specimens and is still awaiting results, as of this writing. We are closely coordinating with our regional office for contact tracing."

Patuloy din daw ang pakikipag-coordinate ng tanggapan sa regional offices nito para sa monitoring.

Kasabay nito, binigyan ng DOH ng prophylaxis ang mga taong nakasalamuha ng namatay na bata.

"As precautionary measures, we have provided post-exposure prophylaxis to close contacts of the patient and are monitoring them for any signs and symptoms, which include fever, vomiting, body rashes, and loose bowel movement."

CAVITE
TIMES JOURNAL
cavitetimesjournal_mf@yahoo.com
franzalmonte@yahoo.com
PAHAYAGAN NG TUNAY NA CAVITEÑO
ENTERED AS A SECOND CLASS MAIL MATTER
VOL. XIV • NO. 48 • 10.00 • JANUARY 15 - 21, 2019

Ospital ng Imus fully operational by January 24, 2019

IMUS CITY, CAVITE — The city government of Imus recently announced that the Ospital ng Imus (ONI) - the first public hospital in the 1st District of Imus will be fully operational by January 24, 2019.

The city advisory announced that the hospital will be able to accommodate residents in need of medical services with its admission, outpatient and emergency departments fully manned and equipped.

The hospital which was formally opened to the public last October 15, 2018 is a three-story Level 1 hospital that was constructed under the Department of Health's (DOH) Health Facilities Enhancement Program (HFEP) which objective is to upgrade health facilities and provide training to health professionals and improve access of people to quality health care services.

Barely a week after it opened, ONI had its first successful childbirth on October 18, 2018. A baby girl weighing 1.95kg was delivered for free since it was ONI's first week of operation and was in time for Mayor Emmanuel L. Maliksi's birth month.

The hospital will also be a partner for the free surgical services to resident patients with cleft lip and palate this coming February 2 – 9, 2019. ***(Ruel Francisco, PIA-Cavite/with reports from Imus City Information Office)***

PHILPEN SUMMIT 2018

By Reyland G. Lopez

TAGAYTAY CITY - The Philippine Society of Hypertension in partnership with the Department of Health (DOH) collaborates in launching the PHILPEN SUMMIT 2019 which held last January 11, 2019 at Taal Vista Hotel, Tagaytay City. The summit was attended by various delegates from Doctor of Medicines, Nurses and from several Medical professionals that came from different parts of the country. Also the said summit focus on discussing the Filipino people with a specific cardiovascular disease or heart disease, that nowadays, Hypentension required treatment with the daily monitoring plan to prevent stroke and heart attacks which resulted from early and sudden deaths of some Filipinos. The Department of Health (DOH) Region 4A Regional Director Dr. Eduardo C. Janairo is the PHILPEN SUMMIT 2019 keynote speaker.

The program was headed by Dr. Alberto A. Atilano, President - Philippine Society of Hyperension in his opening remarks. Subsequently, followed by various speakers from the private and government sectors were first discussion initiated by Dr. Deborah Ignacia D. Ona, Secretary - Philippine Society of Hypertension, Clinical Associate Professor, Section of Hypertension Department of Medicine, UP - PGH as Lecture 1. The Question and Answer brought by Deborah Ignacia D. Ona and Dr. Gilbert C. Vilela, Member Board of Trustees, Philippine Society of Hypertension.

The Lecture 2 was shared by Dr. Carmela N. Granada, Medical Officer IV, Lifestyle - Related Diseases Division, Disease Prevention and Control Bureau Department of Health (DOH)

Again followed by Question and Answer by Dr. Carmela N. Granada and Dr. Marilou R. Espiritu, NCD Cluster Head, CALABARZON Department of Health (DOH)

A Keynote Speech was given by Dr. Eduardo C. Janairo DOH Regional Director for CALABARZON, according to the director's message, "Today there are several millions of Filipino adults who are suffering from hypertension and if it left treated, it will resulted for some compications. More over heart

▶ PHILPEN • 6

Photo from left DOH Regional Director for Region 4A Dr. Eduardo the keynote speaker in PHILPEN SUMMIT 2019 and right Dr. Albert A. Atilano, President Philippine Society of Hypertension, DOH Regional Drector Dr. Eduardo C. Janairo, Dr. Deborah Ignacia D. Ona, Secretary Philippine Society of Hypertension and Dr. Carmela N. Granada, Medical Officer IV, Lifestyle - Related Diseases Division, Disease Prevention and Control Bureau Department of Health (DOH). Photo taken last January 11, 2019 during the PHILPEN SUMMIT 2019 held at Taal Vista Hotel, Tagaytay City. Photo by Reyland Lopez